

# A Knight

My name is John and I am a knight. I am a horse soldier. I fight to protect my lord. I became a **page** at the age of 7. I left my family and trained to become a knight. I learned how to look after horses and armor. When I was 14 I became a **squire**. I helped my lord with his armor and horse in battle and how to fight. At the age of 21 I became a knight at a ceremony.

I wear an armor which is very heavy. I wear chainmail which is armor made of rings of metal. My weapons include a sword and mace. The mace is a metal ball with spikes. I also have a shield.

When I am not fighting I go hunting with my lord. I also take part in tournaments which is a competition. I take part in the joust. I run towards another knight on a horse and try to knock him off with my lance. I also take part in a tourney which is a mock battle with swords.

